

Airedale Junior School's visit to

The Sikh Temple



Liam

Question: Where did you get the book?

Answer: The book was made over 500 years ago and took 300 years to complete. It was created by 10 Gurus who found information and knowledge and put all these together to create one book.

George

Question: Why do you brush the air above the book?

Answer: It is an old tradition and is thought to make the air around the book pure. It also symbolises how important the book is and the care we have to take over it. It was also to keep away flies and other insects!

Maddison

Question: Where do you keep the book at night?

Answer: The book is kept in a small room inside the prayer room. It is locked and kept safe until the next morning prayers.

Jack

Question: Where is the original book?

Answer: We do not have the original book as this is kept somewhere very safe. However, it is printed and available to buy. Every book is the same and it is printed in Punjabi and English.

Danielle

Question: Why do you cover your heads?

Answer: It is ultimately to show respect to our god. We also cover our heads to show equality. No one is superior and we show this through our choice of turban or scarves etc.

Freya

Question: How old you have to be to wear a turban?

Answer: It is a choice. I wore my turban when I was 5 years old but it is whenever you feel comfortable.

Edie

Question: Do you wear your turbans at night time?

Answer: No, we take them off at night to sleep. We may also change our turban for something more comfortable when relaxing at home.

Lillie

Question: Why do you take your shoes off?

Answer: We take our shoes off to show respect. It also keeps our temple clean and free from dirt.