

QUALITY OF EDUCATION

RSE Planning Overview

Year Group	Autumn	Spring	Summer
Year 3	<p>To explore the differences between males and females and to name the body parts.</p> <p>I know some differences and similarities between males and females.</p> <p>I can name male and female body parts using agreed words.</p>	<p>To consider touch and to know that a person has the right to say what they dislike and like.</p> <p>I can identify different types of touch that people like and do not like.</p> <p>I can understand personal space</p> <p>I can talk about ways of dealing with unwanted touch.</p>	<p>To explore different types of families and who to go to for help and support.</p> <p>I can understand that all families are different and have different family members.</p> <p>I can identify who to go to for help and support.</p>
Year 4	<p>To explore the human lifecycle.</p> <p>I can describe the main stages of the human lifecycle</p> <p>I can describe the body changes that happen when a child grows up.</p>	<p>To identify some basic facts about puberty.</p> <p>I can discuss male and female body parts using agreed words.</p> <p>I know some of the changes which happen to the body during puberty.</p>	<p>To explore how puberty is linked to reproduction.</p> <p>I know about the physical and emotional changes that happen in puberty.</p> <p>I can understand that children change into adults so that they are able to reproduce.</p>
Year 5	<p>To explore the emotional and physical changes occurring in puberty.</p> <p>I can explain the main physical and emotional changes that happen during puberty.</p> <p>I can ask questions about puberty with confidence.</p>	<p>To understand male and female puberty changes in more detail.</p> <p>I can understand how puberty affects the reproductive organs.</p> <p>I can describe how to manage physical and emotional changes,</p>	<p>To explore the impact of puberty on the body and the importance of hygiene.</p> <p>To explore ways to get support during puberty.</p> <p>I can explain how to keep clean during puberty.</p> <p>I can explain how emotions change during puberty.</p> <p>I know how to get support and help during.</p>
Year 6	<p>To consider puberty and reproduction.</p> <p>I can describe how the body changes during puberty in preparation for reproduction,</p> <p>I can talk about puberty and reproduction with confidence.</p>	<p>To consider physical an emotional behaviour in relationships.</p> <p>I can discuss different types of adult relationships with confidence.</p> <p>I know what form of touching is appropriate.</p>	<p>To explore the concept of conception and pregnancy.</p> <p>I can describe the decisions that have to be made before having a baby.</p> <p>I know some basic facts about pregnancy and conception.</p> <p>To explore positive and negative ways of communicating in a relationship.</p> <p>I can consider when it is appropriate to share personal/private information in a relationship.</p> <p>I know how and where to get support if an online relationship goes wrong.</p>